

2025 New York State Men's Gymnastics Championships

March 7-9, 2025

Hosted by:

Stumpf's Gymnastics
stumpfsgym.com



Venue:

Buffalo/Niagara Court Center
425 Meyer Rd.
West Seneca, NY 14224

Final Session Schedule

All Sessions Modified Capital Cup Format

Friday, March 7th, 2025

Session #1 – Levels 3D2, Silver, & Gold (49 Boys):

Report: 1:15PM Stretch: 1:30PM First WU (10 min): 1:50PM Competition: 2:05PM

Session #2 - Level 3D1 & Bronze (60 Boys):

Report: 5:00PM Stretch: 5:15PM First WU (11 min): 5:35PM Competition: 5:50PM

Saturday, March 8th, 2025

NYS Boys Coaches Meeting: 10:00AM *(One coach per gym must attend.)*

Session #3 – Levels 7, 8, & Platinum (68 Boys):

Report: 11:45AM Stretch: 12:00PM First WU (12 min): 12:20PM Competition: 12:35PM

Session #4 – Levels 9 & 10 (62 Boys):

Report: 4:30PM Stretch: 4:45PM First WU (12 min): 5:05PM Competition: 5:20PM

Coaches & Judges Social: 9:00PM Details to follow.

Sunday, March 9th, 2025

Session #5 – Level 4 (62 Boys):

Report: 8:45AM Stretch: 9:00AM First WU (12 min): 9:20AM Competition: 9:35AM

Session #6 – Levels 5, 6, & JE Technical Sequences (68 Boys):

Report: 1:00PM Stretch: 1:15PM First WU (12 min): 1:35PM Competition: 1:50PM

Results: All results will be live online at www.meetscoresonline.com

Awards: Individual and Team Awards will be presented following each session. Graduating seniors will be recognized following their respective session. Special awards will be presented at the conclusion of Session #4. Team awards will be presented based on the criteria below.

2025 NYS Men's Gymnastics Championships Team Awards

Listed In Order Of Presentation

Level	# Scores Count	# Teams Eligible	# Banners Awarded	
L3 D2	3	7	4	S1
Silver	3	1	1	
Gold	3	3	3	
L3 D1	3	7	4	S2
Bronze	3	1	1	
L7	3	6	3	S3
L8	3	5	3	
Platinum	2	2	2	
L9	3	7	4	S4
L10	3	5	3	
L4 D1	3	5	3	S5
L4 D2	2	3	3	
L5 D1/D2	3	7	4	S6
L6	3	2	2	
Total Banners			40	